

WINGIN' IT: 70 UNIQUE WAYS



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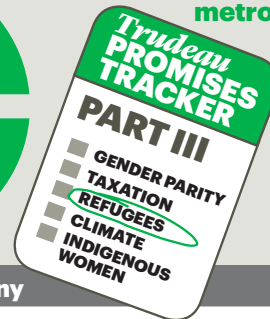
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REFUGEE CRISIS,
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Your essential daily news | WEDNESDAY, OCTOBER 28, 2015

High 9°C/Low 9°C Rainy



'Landmark' building gets the go-ahead

MIZRAHI DEVELOPMENT

Councillors, staff grapple over meaning of 'wow' factor



Lucy Scholey
Metro | Ottawa

An Ottawa planning committee heard an eclectic mix of adjectives describing the 12-storey building on Wellington Street West on Tuesday, including "exceptionally weird," "graceless," "distinctive" and "beautiful."

But "wow" was the oft-repeated word, as councillors and staff grappled with its meaning and what it will mean for future developments.

Ultimately, the committee voted 8-2 in favour of Mizrahi

Development's redesign and opted to expedite the plan to Wednesday's council meeting ahead of the Ontario Municipal Board's (OMB) next hearing in early November.

The OMB will then decide if the Mizrahi building has a "wow" factor, as required in an earlier ruling.

The board ruled the Mizrahi building could stand taller than the nine-storey limit as long as the top three floors had an "element of wow" or something to transform the building into an Ottawa "landmark."

Kanata South Coun. Allan Hubley said he was worried future developments would get wrapped up in the vague meaning of "wow."

Meanwhile, staff has been instructed to review the city's official plan with respect to the words "landmark" and "gateway."

A FULL PLATE

JOE LOFARO/METRO

Mayor Jim Watson marks busy first year with cake but says 50 extra officers hard to swallow

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The restaurateur behind Mezzanotte is accusing an Ottawa policeman of harassment, intimidation and "malicious prosecution." JOE LOFARO/METRO

Bistro owner sues officer and board

COURTS

Constable accused of hounding eatery for years



Joe Lofaro
Metro|Ottawa

There's one person who will not be breaking bread at Antonio Canonico's Italian restaurant on Murray Street.

The restaurateur has launched a \$1.2-million lawsuit against an Ottawa police officer who, since 2010, allegedly embarked on a relentless campaign of "high-handed" intimidation and harassment — including a "malicious prosecution" over an alleged traffic violation in 2012.

None of the allegations have been proven in court. They are contained in a statement of claim filed last month in Ontario Superior Court.

Const. Marco Crapigna and the Ottawa Police Services Board are the sole defendants in the case.

The statement of claim alleges the harassment started in May 2010 when Canonico became a surety in an unrelated criminal matter.

Crapigna would routinely enter the restaurant, sometimes

with fellow officers, under the guise of checking the business' liquor licence, which was valid, but would never demand to see it, according to the lawsuit.

The harassment allegations include "intimidation of patrons and staff at the restaurant, stopping patrons once they had left the restaurant and circling the restaurant in a marked police cruiser."

Canonico is seeking \$500,000 for "negligent investigation, malicious prosecution, abuse of public office and/or intentional interference with economic relations."

He is also seeking another \$500,00 for loss of income and \$200,000 for punitive, exemplary and/or aggravated damages.

Things took a turn for the worse on May 19, 2012 at 1:15 a.m., when Crapigna spotted Canonico driving his Jaguar and pulled him over for allegedly making an illegal left-hand turn in the ByWard Market, according to the statement of claim.

The officer believed Canonico had been drinking alcohol and ordered him to produce a breath sample, the document says. But the policeman claimed the breathalyzer failed seven times, and after the eighth at-

tempt, he arrested the restaurateur for failing to provide a breath sample, according to the lawsuit.

At trial, it was revealed that the Ottawa police officer's "unreliable evidence" regarding the breath sample and inadequate note-taking resulted in an insufficient roadside breath test. Canonico also denied consuming alcohol that night.

A judge acquitted Canonico of the charge on Feb. 17, but the alleged harassment didn't end there.

Crapigna is accused of returning to the Italian bistro on July 27, 2013 for another liquor licence check, again with two other police officers, including one who "rudely and disruptively walked through the entire restaurant looking at every table and every customer."

Crapigna never asked to see the liquor licence, according to the statement of claim.

This time, Canonico filed a formal complaint with the Office of the Independent Police Review Director, which investigates public complaints about police conduct in Ontario.

In another visit on May 2, 2015, Crapigna and three other uniformed police officers entered the restaurant to check

+ SUFFERING

Crapigna's actions were "malicious, callous and high-handed," the statement of claim alleges. It also states that over the years, Canonico suffered "loss of enjoyment of life, mental distress, loss of business, loss of income" and financial damages relating to legal fees he faced when charged with the criminal offence.

the liquor licence, which was valid until 2016, the lawsuit alleges.

For Canonico, it was the last straw. His lawyer wrote a cease-and-desist letter to the Ottawa Police Service and chief Charles Bordeleau "in order to prevent further harassment of patrons, staff and management of Mezzanotte."

Lawrence Greenspon is representing Canonico and told Metro his client did not wish to comment. The city's legal department also declined to comment.

Crapigna also did not respond to a request for comment, according to police spokeswoman Carole Lavigne.

Crapigna's lawyer intends to defend the case, according to court documents.

\$1.2M

The amount Antonio Canonico is seeking

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HEALTH

Radon on the radar



Haley Ritchie
Metro | Ottawa

What makes a great home? Safe neighborhood?

Perfect décor? Or how about a basement free from the threat of poisonous cancer-causing gas?

Ottawa homeowner Lyndsay Kovacs had to ask that last question recently when she tested for radon gas in her Kanata North home and found levels above the safe amount recommended by Health Canada.

"It's always been on my and my husband's minds to get some testing done, but six years went by after we bought the house and we never really did anything," said Kovacs.

Radon is a colourless, odourless gas that seeps into a home from the ground. It's also the second leading cause of lung cancer in Canada after smoking.

In February, Kovacs attended a Health Canada presentation, paid \$60 for a test and got the results back. The basement had 303 becquerels per cubic metre, above the safe level of 200 proposed by Health Canada.

It wasn't a huge amount above, but the Kovacs, including their three young children, spend a lot of time in the basement.

"It is a little scary," said Kovacs. "The statistics that were posed by Health Canada were so overwhelming – long term exposure basically guarantees you're going to get lung cancer."

The Kovacs decided to have a mediation unit installed to displace the gas, but the Canadian Cancer Society is worried that many people are unaware that radon is even a problem.

"We're seeing really low levels of awareness. Some people know what radon is but have they tested their homes? No, not really," said Joanne Di Nardo, senior manager of public issues. "It's such a simple test."

Radon levels can vary wildly between even neighbouring houses, and Health Canada estimates five per cent of houses in Canada contain above safe levels.

Di Nardo said the organization asking people send letters to MPPs encouraging the provincial government to pass Bill 11, an effort to promote more public awareness.

Council's rookie recap

Metro reached out to Ottawa City Hall's eight fresh-faced councillors to talk about their first year in office. Here's our second installment.

LUCY SCHOLEY METRO



Jean Cloutier

Alta Vista

Campaigned on: Community spaces, safer streets, planting more trees, the second phase of light rail.

What are you most proud of? Building relationships with community members, associations and working to keep up a "great two-way conversation."

What's the next issue on the agenda? Continuing with park improvements, resurfacing roads in Alta Vista and co-chairing the Ottawa 2017 committee for Canada's 150th anniversary.

What are you most frustrated about? "Lack of funding for things that we'd like to accomplish, but other than that ... not knowing all I need to know so that I can best serve my residents in terms of guiding them. The city is a complex system. I need to learn more about how it works. I need to learn it more quickly. There's not enough hours in the day."

What has surprised you most about being a city councillor? "The diversity and the divergent opinions of people on the very same subject ... I've had people on the phone or in person say councillor do not, do not, do not, do not spend a penny on the library and others saying absolutely, it is a major community resource."



Michael Qaqish

Gloucester-South Nepean

Campaigned on: More community consultation in ward developments, safer streets for cyclists and pedestrians, more complete streets.

What are you most proud of? Successfully pushing for a new school in Findlay Creek (the provincial government announced a new elementary school is en route), the almost-finished community design plan for Riverside South, a plan to invest in several Prince of Wales traffic-heavy intersections, new parks and traffic-calming measures on Riverside Road.

What's the next issue on the agenda? Continuing work on building a recreation complex in Riverside South and making sure infrastructure investments are on time.

What are you most frustrated about? "There's the politics and there's the occasional thankless part of the job, but I love what I do. When you love what you do, it's not a job."

What has surprised you most about being a city councillor? "I've seen quite a bit because I worked as a political staffer for six years. There weren't any huge surprises, it's just the time that it takes from your schedule and the commitment that it involves."

Jody Mitic

Innes

Campaigned on:

Modernizing the arena in Blackburn, either rethinking biweekly garbage pickup or helping those struggling with the transition.

What are you most proud of?

As sports commissioner, helping to rename a Barrhaven rugby field "Rowan's Pitch" after Rowan Stringer, a teen who died following multiple concussions from playing rugby. Also, helping to "wake up" the dormant Chapel Hill South Community Association and unite several other community groups.

What's the next issue on the agenda?

"Redesigning the nearly four-decades-old arena and finding ways to mitigate the heavy traffic flow running east-west in the Innes ward."

What are you most

frustrated about? "That's a loaded question. Frankly, it's the time involved in getting certain things done I guess would be my biggest frustration ... but politics and democracy has a process."

What has surprised you most about being a city councillor? "The time involved ... I've been deployed to foreign countries for five to nine months at a time. I know what it's like to be busy, but I'm busier with this job than I ever was when I was at war."



George Darouze

Osgoode

Campaigned on:

Accountability, reviewing garbage pickup and attracting commercial and light industrial businesses to Osgoode.

What are you most proud of?

"I'm proud of my residents. They gave me enough time to learn and fit into my office. They made my job so easy because all their complaints and all the issues they call about – they're all legit."

What's the next issue on the agenda?

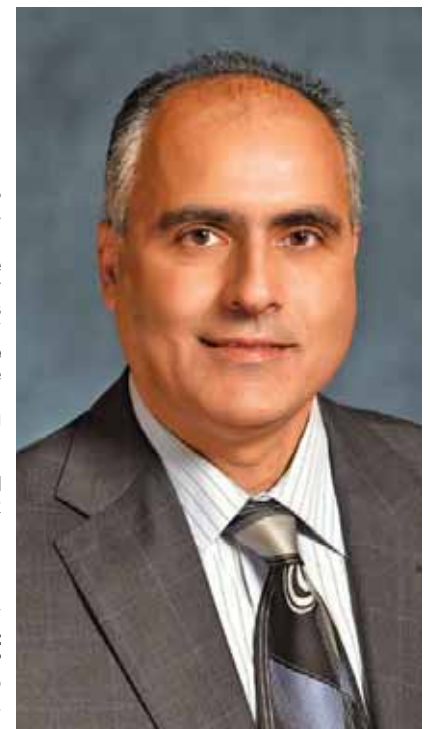
Making sure the Shadow Ridge developer in Greely addresses the growing nitrates level in the communal well. Also, roads resurfacing.

What are you most frustrated

about? When he tries to fix an issue (for example speed reduction or speed bumps), but he faces policy barriers. "Sometimes, policy is fine, but a lot of times, it's common sense."

What has surprised you most about being a city councillor?

"The processes that we go through – meetings and all this. I'm getting used to it."





Ottawa Food and Wine's tasting floor offers samples of foods, wines, beers and spirits from around the world. CONTRIBUTED

Sip, savour at food fest

FOOD & WINE

Chefs, samples abound as long-running event turns 30



Haley Ritchie
Metro | Ottawa

Words to comfort you the next time your foodie envy flares after talking to friends in Toronto: "Ottawa is by far the most educated audience" in Ontario when it comes to food and drink.

That's according to Joan Culliton, producer of the Ottawa Food and Wine Festival, which kicks off this Friday and runs until Nov. 1.

Culliton said Ottawa deserves a little more spotlight when it comes to food and drink — vendors at the show, many hailing from Toronto, tell her year after year that Ottawa patrons know their stuff.

"They say there's a desire to learn all things new about wine and food," she said. "They love how Ottawa gets all dressed up for the event, and the conversations they can have."

The festival is turning 30 this year, making it the longest running wine and food festival in Canada, Culliton said.

The event expects to widen Ottawa's palette with 375,000 wine samples, 110,000 nibbles of gourmet fare and a quarter million sips of beer.

To celebrate, new events, workshops and special guests are planned for the weekend, including Canadian baking star Anna Olson.

"We really have something for everyone," said Culliton. "In two hours you can go from New Zealand to Niagara Falls to Trinidad and Tobago."

Each day of the festival features a tasting floor, with samples of wine, beers, spirits and foods from around the world. There are also pop-up stores and demos for holiday hosting, unique ingredients and celebrity chefs.

POLICE

50 extra officers too costly, mayor says



Lucy Scholey
Metro | Ottawa

Ottawa police will have to convince the mayor it's worth investing in 75 new officers over the next three years.

While Mayor Jim Watson said he supports the police plan to recruit 25 new hires in 2016, he does not see the need for an additional 50 officers.

"That's a lot of money and it's an ongoing built-in cost for decades down the road," he said after a speech at an economic luncheon at the Shaw Centre on Tuesday.

"Let's deal with this budget and add 25 new officers, but my view will be the same — if the police want to hire more than that, they have to find it from within and sharpen their pencils with their own budget to pay for it."

On Monday, Ottawa police approved next year's hires at a cost of \$1.3 million. The Ottawa Police Association has argued the force is short more than 100 bodies, but Watson, citing a declining crime rate, said it's not worth the investment.

The mayor's address before the Economic Outlook Luncheon marked the one-year anniversary since he was elected for a second term.

Earlier that morning, the

Ontario Real Estate Association decried a possible provincial government plan that would allow municipalities to charge a land transfer tax.

Watson said he's not interested in this type of tax.

"A greater priority for me is to control and constrain our spending so that we can meet our tax target of two per cent without going to the ... provincial government for other means to tax people," he said.

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IN BRIEF

Portraits at Algonquin

Need a professional head shot for your LinkedIn profile picture? You're in luck. From 2 p.m. to 4 p.m. Wednesday, you can get three professional head shots for \$10 at Algonquin College. You'll need to book your

appointment in person at the Welcome Centre, located on the third floor of the student commons. Make sure you bring money — it's cash only. All proceeds go to Algonquin College's second-year photography students. METRO



Canadian prime minister-designate Justin Trudeau is greeted by Ontario Premier Kathleen Wynne at the Queen's Park Legislature in Toronto on Tuesday. CHRIS YOUNG/THE CANADIAN PRESS

Trudeau, Wynne establish ties

GOVERNMENT

Ottawa to work with Queen's Park on pensions

Justin Trudeau was greeted like a rock star as he arrived at the Ontario legislature Tuesday for a meeting with Premier Kathleen Wynne, and rewarded her campaign efforts on his behalf with a promise of federal help for a provincial pension plan.

Wynne, one of Trudeau's most ardent supporters during the federal campaign, gave the prime minister-designate a big hug as he stepped out of his car while virtually the entire Liberal cabinet and hundreds of Liberal staffers applauded and cheered.

Trudeau and Wynne met for only half an hour in her office before both left to attend the funeral for Ken Taylor, the former ambassador to Iran.

After the meeting, they issued a joint statement saying they would be "active partners" in a national discussion on pension enhancement, including the Canada Pension Plan and the Ontario Retirement Pension Plan.

"Once it takes office, the incoming federal government will direct the Canada Revenue Agency and the Departments of Finance and National Revenue to work with Ontario officials on the registration and administration of the ORPP," they said. "The ORPP is being designed to integrate with any future CPP enhancement."

That's a major reversal of the position taken by outgoing Prime Minister Stephen Harper, who said he "delighted" in refusing all federal co-operation with the ORPP, something he described as a job-killing payroll tax. It also means Ontario will get the same federal assistance on its pension as Ottawa gives Quebec and Saskatchewan.

Wynne has said Ontario will



Canadian prime minister-designate Justin Trudeau meets with Ontario Premier Kathleen Wynne at the Ontario legislature in Toronto on Tuesday October. CHRIS YOUNG/THE CANADIAN PRESS

plan to start payroll deductions for the ORPP on Jan. 1, 2017 unless and until there is agreement to enhance the CPP. She added that the only reason the provincial pension was conceived in the first place was due to Harper's flat refusal to look at increasing deductions and benefits under the CPP.

Neither Wynne nor Trudeau held a media availability after their meeting, ducking most questions from the media during their photo op — but not all.

"Cabinet will be sworn in next week and there will be lots to say in the following days," Trudeau said. "I'm here for a

funeral, and I'm glad to have accepted the premier's invitation to come and sit with her."

The two Liberal leaders said they also talked about the importance of investing in infrastructure, which is good news for Ontario's 10-year, \$130 billion plan for roads, bridges and public transit projects.

They also discussed climate change and the upcoming COP21 meeting in Paris, and their commitments to hold a national inquiry on missing and murdered indigenous women and girls.

There was no mention if they discussed other federal-provincial issues such as assisted

suicide or the legalization of marijuana.

As he dashed away after the meeting, Trudeau said he and Wynne had "just a great conversation on a range of issues" and added he looked forward to their working relationship.

Trudeau's visit to Queen's Park shows how dramatically the federal government's relationship with Ontario has changed since the Liberals won a majority last week.

Wynne launched a public campaign to get a meeting with Harper after he had dismissed all requests for a get-together with the premier for more than a year, an example of the animosity between the two governments that is now gone.

"We look forward to a new and

positive relationship between the new government of Canada and the government of Ontario, one based on mutual respect, common goals and shared values," they said in the joint statement.

THE CANADIAN PRESS



CHRIS YOUNG/THE CANADIAN PRESS



Cabinet will be sworn in next week and there will be lots to say in the following days.

Justin Trudeau

Payout probe demanded

TEACHERS

Tories suspect millions to unions spent on election ads

Ontario's Progressive Conservatives plan to ask the auditor general to look into \$3.74 million the government paid unions representing teachers and education workers over the past three rounds of bargaining.

Tory MPP Lisa MacLeod will introduce a notice of motion Wednesday at the public accounts committee, of which she is vice-chair, asking the auditor general to investigate those payments as well as \$4.6 million that is being paid to school boards for their bargaining costs.

But the Liberals have a majority on the committee, which means they could easily block the motion.

MacLeod, though, is hopeful because the Liberals previously agreed to a motion asking Auditor General Bonnie Lysyk for



Ontario Education Minister Liz Sandals at Queen's Park Tuesday. CHRIS YOUNG/THE CANADIAN PRESS

a Pan Am Games audit.

"A sum of money this large going undocumented to some public-sector unions who ran attack ads — it doesn't look good," said MacLeod, referring to anti-Tory advertising during the last provincial election.

"I think it would be import-



(Let's) make sure this money wasn't misappropriated.

Tory MPP Lisa MacLeod

ant that the auditor review those numbers and make sure the money wasn't misappropriated, although I believe it has been."

Education Minister Liz Sandals has defended the payments, saying the transition to a new bargaining system

made this round quite lengthy.

And the ministry has said it was appropriate to make similar payments in 2008 and 2012 to three education unions because it involved voluntary discussions that were a precursor to the new system.

The committee would vote on MacLeod's motion next Wednesday. She is concerned the practice is more widespread than the government is saying.

"We know some unions have indicated it hasn't, but we have over 4,000 collective agreements" in the broader public sector, she said. "Can you imagine if each time we sat down for a collective agreement we gave the union we're negotiating with \$1 million?"

In the last provincial election, the Ontario Secondary School Teachers' Federation, the Ontario English Catholic Teachers' Association and the Elementary Teachers' Federation of Ontario put \$250,000 each toward third-party advertising from the Working Families coalition, a group of unions that comes together each election to run anti-Tory ads.

THE CANADIAN PRESS

IN BRIEF

Fantino charges reviewed

The Crown attorney has intervened in the case of private assault charges laid against former federal cabinet minister Julian Fantino, in an incident that allegedly occurred more than 40 years ago.

Fantino's lawyer Mark Sandler says his client will vigorously defend the charges of assault with a weapon and assault causing bodily harm. He says it's no coincidence the private complaint was made during the federal election campaign. Fantino lost his seat last week to Liberal Francesco Sorbara in the riding of Vaughan-Woodbridge. John Bonnici has pressed charges against Fantino that date back to 1973 when the onetime veterans affairs minister was a police officer. Bonnici told the Toronto Sun he was arrested and roughed up in a raid overseen by Fantino.

Sandler says the Crown will now decide whether there is a reasonable prospect of conviction and whether it's in the public interest to proceed.

THE CANADIAN PRESS

ELEMENTARY SCHOOLS

Kids' trips, clubs cancelled



Haley Ritchie
Metro | Ottawa

Starting Wednesday, there will be no more extracurricular activities until a deal is settled, the Elementary Teachers' Federation of Ontario says.

That means no outside activities — including chess club, sports teams and trips like "Me to We" — in Ottawa-Carleton District School Board schools.

"It is no longer 'business as usual' and the focus of principals has to be on keeping schools open, keeping students and staff safe, and keeping the focus on learning," said the board's spokeswoman, Sharlene Hunter, in an email.

In previous labour disputes where extracurricular activities have been cancelled, parents were able to step in to help keep things going. Hunter said that wouldn't be possible this time because of the sheer number of striking employees.

While cancelling activities was a decision by the teacher's union, ETFO, other school workers belonging to CUPE and OSSSTF union are also working to rule.

"This is unfortunate and disappointing for students," Hunter said.



ETFO president Sam Hammond. TORSTAR NEWS SERVICE

The union has said the decision is a last resort, necessary to put pressure on the province to reach a deal.

"They have completely ig-



In the end it would be nice to get it done so the kids can get back to enjoying school instead of it just being work all the time.

Ottawa blogger Chris Reid

nored those attempts from our side, which has left us with no choice except to step up our strike action and remove extracurricular activities," said union president Sam Hammond.

Chris Reid, an Ottawa parent who runs the Canadian Dad blog, said his two children in senior kindergarten and Grade 2 have been disappointed by some of the consequences of the strike.

Scholastic book orders haven't been placed, field trips have been cancelled and Reid said at his school extracurriculars and spirit days haven't been taking place.

"They definitely notice (there's no field trips) but no one else is doing it either," he said. "As parents we know what they're missing out on, and it's disappointing."

"For me it's hard to say teachers don't deserve what they're asking for. On the other side I'm sure the government has some merit in what they're trying to negotiate," he said.

"In the end it would be nice to get it done so the kids can get back to enjoying school instead of it just being work all the time."

WITH FILES FROM TORSTAR NEWS SERVICE

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Logistics defy refugee vow

Each day this week, Metro is taking an in-depth look at some of the immediate items on prime minister-designate Justin Trudeau's to-do list. Today, we examine his promise to bring 25,000 government-sponsored Syrian refugees to Canada by year-end.



Michael Woods
Metro | Ottawa

When the Syrian refugee crisis seized the federal election campaign in early September, Justin Trudeau's proposal was arguably the most ambitious of the party leaders: He promised the Liberals would bring 25,000 government-sponsored Syrian refugees to Canada by the end of the year.

Refugee experts and advocates now say while that target is laudable, resettling them all by the end of the year would be logistically difficult.

"We don't think the government should get too hung up on making sure that it happens by the end of the year," said Janet Dench, executive director of the Canadian Council for Refugees. "It's better to take a few extra weeks and get it right than to rush just to meet an arbitrary deadline."

The Syrian conflict has displaced 11 million people since 2011, 4 million of which have fled beyond Syria's borders.

The United Nations High Commissioner for Refugees, upon which Canada relies for refugee referrals, is overwhelmed by applications and hasn't been able to refer refugees to Canada in significant numbers.

Once refugees are referred to Canadian authorities, they have to go through criminal, medical and security checks.



Refugees who came from Croatia wait in the border town of Rigonce, Slovenia, on Tuesday. Many are seeking higher living standards away from conflict cross the Croatia-Slovenia border on their way into Europe. STIPE MAVIC/ANADOLU AGENCY/GETTY IMAGES

Trudeau PROMISES TRACKER

PART III

- GENDER PARITY
- TAXATION
- **REFUGEES**
- CLIMATE
- INDIGENOUS WOMEN

Then there's the matter of actually bringing them here.

Transportation arrangements, reception, accommodations, English or French lessons, bank accounts — all this work is done through the co-ordination of various levels of

government, non-government organizations and community groups.

Upping Canada's intake can

be done faster, but it shouldn't be rushed to meet a year-end deadline, experts said.

"We have really expert people on the ground that can do all this, but they need some lead time," said Naomi Alboim, chair of the Policy Forum at Queen's University's School of Policy Studies, and a former Ontario deputy minister of immigration. "A matter of weeks is not sufficient lead time to turn an operation like this on a dime."

Alboim helped oversee Canada's resettlement of Indo-Chinese boat people over two

years in 1979 and 1980. That well co-ordinated effort saw Canada take in 60,000 people over two years.

The Syrian crisis presents new challenges. For example, the Indochinese refugees were mostly in camps. But most Syrian refugees aren't in camps and are thus harder to find and process.

"The Syrians are living in fields and barns and base-ments, and there's no organizational infrastructure for the refugees, and some environments are not terribly secure," Alboim said. "A visa officer

can't walk down the street and say, 'Any Syrian refugees want to come to Canada? Line up here.'"

No one is suggesting we should put aside security in order to (bring in refugees).

Prime minister-designate Justin Trudeau, in Halifax in September

The Canadian Council for Refugees, in an open letter to Trudeau, recommended he convene a national meeting involving all orders of government and other groups to plan Canada's resettlement of Syrian refugees. It also asked him to introduce flexible measures, such as temporary resident permits, for Syrians with family already in Canada.

Instead of processing them overseas, "it's basically an evacuation program. You just bring them to Canada and you do the processing here if they wish to apply for permanent residence," Dench said.

Measures the Conservative government took during the campaign will also make a difference. Syrians and Iraqis fleeing conflict no longer have to prove they're refugees under UN rules, but will be presumed to be refugees by Canadian authorities.

"That will expedite the process very significantly," Alboim said.

She added that Canada has also increased the number of visa officers in Beirut to 15 and has appointed two well-respected, veteran bureaucrats to co-ordinate the process in the civil service.



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IN BRIEF

Fords tanked Harper's campaign: Pollster

The Ford brothers' cameo in Stephen Harper's election campaign drove potential voters away from the Conservative Party more than the Duffy trial did, exit polling has found.

"It was clearly a mistake to be seen with the Fords," pollster Greg Lyle told Metro on Tuesday. "It didn't really rally the base, it pushed away swing voters. Not a good move."

Among the Conservative's swing voters, Harper's appearance at an Oct. 17 event organized by Rob and Doug Ford earned a net score of -33 per cent. It proved the most overwhelmingly negative factor for swing voters regardless of issue or party.

Lyle said the information should discourage politicians from buddying up with the Fords in the future.

JESSICA SMITH CROSS/METRO

Court to decide fate of indigenous school records

Ontario's top court today begins hearing a dispute over what to do with sensitive records from Indian residential schools.

The records are of the stories told by thousands of survivors who sought compensation for sexual and other abuse.

In August last year, a judge said the material should be kept 15 years and then destroyed.

Justice Murray Sinclair, who headed the Truth and Reconciliation Commission, said his concern is that the stories of what went on in the schools will be lost forever if the "rich trove" of documents is destroyed as Justice Paul Perell ordered.

THE CANADIAN PRESS



The bow of the Leviathan II, a whale-watching boat owned by Jamie's Whaling Station carrying 24 passengers and three crew members that capsized on Sunday, is seen near Vargas Island as it waits to be towed into Tofino, B.C., Tuesday for inspection. CHAD HIPOLITO/THE CANADIAN PRESS.



A memorial is set with candles and flowers at the First St. dock. CHAD HIPOLITO/THE CANADIAN PRESS PHOTO



A sea lion jumps out of the water near a life raft used on the whale-watching boat Leviathan II, near Tofino, B.C. CHAD HIPOLITO/THE CANADIAN PRESS

'Tragedy beyond belief'

LEVIATHAN II

Victims of ship sinking mourned as mystery probed

A woman whose father died when a whale-watching vessel sank off the B.C. coast posted a poignant eulogy on Facebook Tuesday, calling his death "a tragedy beyond belief."

Michele Slater Brown, of Milton, posted an emotional message about her late father, Jack Slater, 76, a British national living in Toronto who died Sunday along with four other British citizens. A 27-year-old Australian man is still missing.

"Our hearts are broken today, our father was one of the people who lost their lives on the whale watching tragedy in Tofino," the Facebook message read.

"Our Dad was larger than life, a charmer, handsome, entrepreneur, engineer in the Navy. He was 76 years old. He was our dad, our lovely Dad."

"I will miss him forever, but I'm grateful for all the times I spent with him. I love you dad."

She had earlier updated her profile picture to be an image of her father. Underneath, she wrote: "I loved him so much, I was so proud to call him my dad."

Brown later wrote in the comments section: "the last several years have been amaz-

ing, fulfilling, life-affirming. "We are heartbroken; we loved and looked up to him so much. He was an adventurer. He lived his life his way."

"I'm so sorry he had to die in this way. It's a tragedy beyond belief. I'm proud of who he was and who he created. My sisters are strong and we will continue to live our lives, always with him in our minds and hearts."

The other British victims were identified Tuesday as Nigel Hooker, 63, from Southampton; David Thomas, 50, and his 17-year-old son Stephen, from Swindon, and Katie Taylor, 29, a British national living in Whistler, B.C.

In total, 24 passengers and three crew were on board the

MV Leviathan II, according to a Facebook post from Jamie's Whaling Station, the boat tour company. Twenty-one people were rescued.

The Australian Associated Press reported that the parents of the missing Australian believed he was on board with his girlfriend and her family, which apparently included one of the five dead Britons.

The company's owner, Jamie Bray, said the Leviathan II sank in an area it visits every day, and the skipper has more than 20 years experience whale-watching in B.C. waters.

A senior employee of Jamie's Whaling Station said the vessel sank so quickly the crew didn't have time to issue a mayday call. TORSTAR NEWS SERVICE

+ SAFETY
Investigation ongoing into capsized Leviathan II

The whale-watching ship that sank off Vancouver Island and is now at the centre of multiple investigations was inspected annually since 1998 and certified to carry 46 passengers. Transport Canada spokeswoman Jillian Glover said the vessel was last inspected March 6, 2015. The ship's owner said the Leviathan II had about 50 adult life jackets, 20 children's life jackets and three life rafts.

THE CANADIAN PRESS

FOREIGN AFFAIRS

'Legend' Ken Taylor lauded at memorial

Family, friends and dignitaries that included prime minister-designate Justin Trudeau and one of his predecessors, Joe Clark, paid tribute Tuesday to Ken Taylor, Canada's former ambassador to Iran who garnered international fame for helping six Americans escape the country during the 1979 hostage crisis.

The ceremony, kept light in accordance with Taylor's wishes, heard him described as a fun-loving, generous man with a taste for fine brandy and fierce loyalty to his friends.

"My grandfather was simply

a legend," granddaughter Kasia told those gathered in the large downtown Timothy Eaton Memorial Church.

Taylor, 81, died on Oct. 15 in New York after being diagnosed in August with colon cancer, his wife Pat by his side.

Clark, who authorized the November 1979 mission that saved the Americans from an Iranian mob that had stormed the U.S. embassy in Tehran, said Taylor's courage earned the admiration of people around the world.

THE CANADIAN PRESS



Pat Taylor, Ken Taylor's widow, speaks at the funeral of the former diplomat in Toronto. NATHAN DENETTE/THE CANADIAN PRESS

ALBERTA

NDP reveals budget, \$36B debt by 2018

Alberta's NDP government will forge ahead building schools and hospitals and hiring more teachers and nurses, but the devastating impact of low oil prices has it planning to borrow money just to keep the lights on.

There's money earmarked in Tuesday's provincial budget to reduce school fees, start a school nutrition program and deliver a new child benefit for low-income families.

There's also cash to provide employers with grants of up to

\$5,000 for each new job created over the next two years and an extra \$1.5 billion to improve access to capital for small- and medium-sized businesses.

Much of the spending is being underwritten by record debt, which is pegged to reach \$36.6 billion by 2018. And starting next year, the province plans to borrow money to pay not just for capital projects as it has in the past, but for day-to-day programs as well.

THE CANADIAN PRESS

IN BRIEF

Deer walks into hospital ER after being hit by a car

A deer apparently hit by a car brought itself to a Rochester, N.Y. hospital. The deer walked through the automatic doors at the entrance to Strong Memorial Hospital's emergency room late Monday afternoon and made it 20 feet down a corridor before being corralled. Two sheriff's deputies happened to be there and with hospital public safety officers, strapped the deer to a gurney and wheeled it out to the parking lot. One of the deputies put down the deer. THE ASSOCIATED PRESS

Police pull over hearse, find coffin full of caviar

Police in Russia's far east stopped a speeding hearse — to find half a ton of caviar stashed inside, hidden under the wreaths lying next to a casket and inside the otherwise empty casket. The driver and his partner told police they'd been hired by a man allegedly to take the casket with the body of a female relative to a city morgue. Police are considering charges for illegal production and distribution of caviar, which is strictly regulated in Russia. THE ASSOCIATED PRESS

German condom company in court for orgasm claim

A German condom manufacturer has run into legal trouble with a claim that a packet of seven of its products "corresponds to up to 21 orgasms." Berlin company Einhorn asked a court in Duesseldorf to overturn an injunction obtained by a German rival, Fair Squared, barring it from using the claim. Einhorn lawyers argued it was a joke but presiding Judge Johanna Brueckner-Hofmann said the slogan is "suited to deception" and could tempt people to use condoms several times. THE ASSOCIATED PRESS

Witch charges warlock with harassment

Lori Sforza, 75, who runs a Salem, Mass., witchcraft shop and leads a pagan church, filed for court-ordered protection against harassment from former business partner Christian Day, 45, whose website calls him the "world's best-known warlock." Sforza accused Day of harassing her online and by phone. A judge is scheduled to hear the case Wednesday to decide whether Sforza's allegations amount to harassment and if she needs court protection. THE ASSOCIATED PRESS

Rescuers, relief workers head for quake-hit zones

AFGHANISTAN, PAKISTAN

Responders go on foot to most remote areas as toll rises

As the death toll in the massive earthquake that struck the remote Hindu Kush mountains soared above 300, officials on both sides of the Afghan-Pakistan border warned on Tuesday that casualty figures will likely leap once relief workers return from villages so remote they can only

be accessed on foot or by donkey.

Rescuers in both countries were struggling to reach quake-stricken regions as officials said the combined death toll from Monday's earthquake rose to 376.

Authorities said 258 people died in Pakistan and 115 in Afghanistan in the magnitude-7.5 quake, which was centred in Afghanistan's sparsely populated Badakhshan province that borders Pakistan, Tajikistan and China. Three people died on the Indian side of the disputed region of Kashmir.

The earthquake, with its epicentre close to the Badakhshan

+ SUPPLY LINE

Pakistan opens highway

Military engineers opened portions of the Karakoram Highway blocked by landslides, allowing relief supplies to get to the north. Helicopters and planes were

transporting relief supplies and engineers were working on restoring communication lines disrupted by landslides, said Lt. Gen. Asim Saleem Bajwa.

THE ASSOCIATED PRESS

district of Jarm, damaged many of the few existing roads, officials said. Dropping aid by air will be the only way to reach many of the needy, but those operations were not likely to start for many

days until survey teams on foot return and report on the damage.

The Pakistani town closest to the epicentre is Chitral.

Monday's quake shook buildings in the capital, Islamabad,

and cities elsewhere in Pakistan and Afghanistan for up to 45 seconds in the early afternoon, creating cracks in walls and causing blackouts.

The earthquake destroyed more than 7,600 homes across Afghanistan and injured 558 people. Badakhshan Gov. Shah Waliullah Adeeb said more than 1,500 houses there were either destroyed or partially destroyed.

Food and other essentials were ready to go, he said, but "getting there is not easy." Many people were sleeping outdoors, braving freezing temperatures for fear of aftershocks. THE ASSOCIATED PRESS

LION TERRITORY

A lion on the prowl in Senegal's Niokolo-Koba National Park. This image, captured by Philipp Henschel of the New York-based research group Panthera, is a rare sighting that may become rarer still, as research published Monday shows sharp declines in nearly all lion populations in West and Central Africa. It says both regions could lose half their lions within the next two decades.

PHILIPP HENSCHEL/PANTHERA
VIA THE ASSOCIATED PRESS

REFUGEE CRISIS

World must give aid, protect 13.5 million Syrians now: UN

The United Nations said Tuesday the conflict in Syria has left 13.5 million people in need of aid and protection, including more than six million children.

UN humanitarian chief Stephen O'Brien told the Security Council that figure represents an increase of some 1.2 million people in just 10 months, and with winter fast approaching the situation is dire.

"This is one of the largest displacement crises of modern times," he said.

O'Brien said there are some 6.5 million people displaced in-

side Syria, including well over 1.2 million so far this year and over 120,000 who have fled their homes in the country's north since early October.

O'Brien said 4.2 million Syrians have fled the country, including an increasing number risking dangerous boat trips to reach Europe. He said over 50 per cent of the 680,000 people arriving in Europe via the Mediterranean in 2015 are Syrian.

"They have a right to seek asylum without any form of discrimination," O'Brien added.

THE ASSOCIATED PRESS



A Syrian mother hugs her children after arriving in Greece. THE ASSOCIATED PRESS

EU risks credibility in refugee response

The European Union appealed to member countries on Tuesday to deliver on promises to deal with the refugee emergency, warning that the EU's credibility is at stake.

More than 600,000 people have entered Europe by land and sea this year seeking sanctuary or jobs, overwhelming border authorities and reception facilities. More than 3,000 have died.

In response, EU leaders promised to share refugees from Italy and Greece, boost spending and send police, border guards and

experts to help register arrivals. But so far actions have not matched the speeches delivered at five summits this year.

"The gap between the pledges and what is on the table must be reduced, otherwise we are losing all kinds of credibility," European Commission President Jean-Claude Juncker told EU lawmakers.

The Commission has now earmarked almost 10 billion euros (\$11 billion) for spending on migration policy this year and next, he noted.

THE ASSOCIATED PRESS



Roots co-founders with their new partners at the flagship store in Toronto on Tuesday: from left, Roots co-founder Michael Budman, Searchlight co-founders Erol Uzumeri and Eric Zinterhofer, and Roots co-founder Don Green. CNW GROUP/ROOTS CANADA LTD.

Brand expected to stick to Roots

RETAIL

Strong ties to Canada good for company, observer says



Jessica Smith Cross
Metro | Toronto

The sale of a majority stake in Toronto-based Roots Canada to an international private equity firm will help spread Canadiana around the world, one expert says.

David Soberman, a marketing professor at University of Toronto's Rotman School of Management, said Roots has become associated with Canadian Olympic gear. But, otherwise, it's been very dormant.

"One of the things that brands need to do is create excitement from time to time," Soberman said.

The acquisition by Searchlight Capital is expected to help create that excitement. Exactly how that will happen remains to be seen. Officials with Roots declined interviews Tuesday, the day after the sale was announced.

But having the brand squarely associated with Canada works in the company's favour, Soberman said.

"Canada's image worldwide is pretty good," he said. "We're non-threatening and seen as

welcoming, these are positives, and we have this image of being quite natural and wildlife and all that — those are things that people like."



If you get successful enough and others want to buy you or buy what you are, that's actually a vote of confidence.

David Soberman

Even though Searchlight Capital is an international company, Roots will remain based here and its brand is expected to remain much the same.

"Brands are really created through their heritage and the experience people have with them," said Soberman. "If you get successful enough and others want to buy you or buy what you are, that's actually a vote of confidence."

BORDER SECURITY

Feds looking to clip sneaky snowbirds' financial wings

Snowbirds beware: The federal government will use its planned border exit-tracking system to avoid paying hundreds of millions of dollars in social benefits now going to people who shouldn't receive them due to absences from Canada.

Newly obtained memos say the Canada Revenue Agency and Employment and Social Development Canada expect to save between about \$194 million and \$319 million over five years once the long-anticipated system is fully in place.

Under the 2011 perimeter security pact, Canada and the United States agreed to set up co-ordinated systems to track entry and exit information from travellers.

The first two phases of the program have been limited to foreign nationals and permanent residents of Canada and the United States, but not citizens of either country.

The initiative was to be expanded by June 30 of last year to include information-sharing on all travellers crossing the land border.

In addition, Canada planned



The government plans to use the Canada-U.S. border entry and exit tracking systems to identify people who should not be eligible for social benefit payments. THE CANADIAN PRESS FILE

to begin collecting information on people leaving by plane — something the United States already does.

A summer 2014 memo, recently released under the Access to Information Act, says savings can be expected through "preventing abuse and eligibility fraud" with respect to the employment insurance, old age security and child tax benefit programs by ensuring Canadian residency requirements are fulfilled.

THE CANADIAN PRESS

+ SAVINGS

Memo indicates where feds see benefits

A 2014 memo estimates savings over five years of:

- \$48 million for the old age security program
- \$21 million for the employment insurance program
- \$125 million to \$250 million for the child tax benefit program.

market minute

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OIL
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GOLD
\$1,165.80 US (-40¢)

NATURAL GAS: \$2.092 US (+3.0¢)
DOW JONES: 17,581.43 (-41.62)

IN BRIEF

Tim Hortons' profit grows

New menu items at Tim Hortons — like the grilled breakfast wrap and Creamy Chocolate Chill iced drink — gave its owner an extra boost in the third quarter.

Restaurant Brands International Inc., owner of both Tim Hortons and Burger King, reported Tuesday that its profit grew to \$49.6

million US or 24 cents per share in the period.

The company, formed when Tims operations were combined with the burger chain, said comparable results last year if they had already been merged would have been \$46.1 million US net income or 23 cents per share.

THE CANADIAN PRESS

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URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION

My cubicle is beside a co-worker I really like. But he has really bad B.O. It has been worse lately because his fiancée broke up with him. He smells like he has not showered for a while. Should I say something?

Dear Ellen,

I work in an office. My cubicle is right beside a co-worker who I really like and think of as a valuable work friend, but he has very bad B.O. It has been worse lately because his fiancée broke up with him. He smells like he has not showered for a while. He also smells like he is smoking and drinking a lot. And he even has a bad cat smell on him, like he got sprayed by a tomcat or something. Seriously, one day my eyes were actually stinging and I had to keep getting up and pretend to get coffee, etc.

Should I say something to him?

Raya, Calgary

Dear Raya,

Strictly speaking, it is not good manners to tell a co-worker that they literally stink. But if you're working with someone who reeks of rancid perfume or who repeatedly skips showering after a hard workout at the gym, you are perfectly entitled to speak up. If they are reasonable individuals who respect their co-workers, they probably don't even realize they're giving offence, and all it will take is a private, tactful word to solve the problem. If, on the other hand, they are arrogant, boorish idiots who don't care how offensively smelly they are, you can take the problem to human resources or a manager and hope that works.

In a case as extreme as this one, however, either approach might be dangerous — for you as well as your co-worker. Judging by your description, romantic rejection has pushed him close to the edge. If he feels attacked by HR or a manager about his personal hygiene, it could send him right over it.

And if he's bearing any repressed anger toward his

ex, no amount of tact on your part is going to make criticism of his current state acceptable. Think about it: He's falling apart because one woman seems to have deemed him subpar as a life mate. Now he's at work, perhaps the last place he feels safe, and another woman walks up and deems him subpar as a workmate.

This doesn't mean you have to suffer in silence. It just means you have to find another way to deal with it.

The first step is to blame the cat. If your eyes are stinging, and you give them a little rub so they look even redder, and if you can manage a stifled sneeze or two, you can tell your friend you have a severe cat allergy. Usually it's not a problem (you can

explain), but maybe lately his naughty cat has been sleeping on his clothes and leaving a lot of dander that now seems to be floating around the office? It's more likely your friend is passing out drunk and fully clothed each night in the filthy, hairy cat bed, then coming to work in the same outfit, but you don't need him to admit this. Your question just needs to remind him what's happening, and this may be enough to inspire him to start changing his clothes once in a while, which is a good start to the odour problem.

Admittedly, this step will be a little tricky if you own one or more cats yourself, and you have pictures of them all over your desk. But the fact is, some breeds are worse than

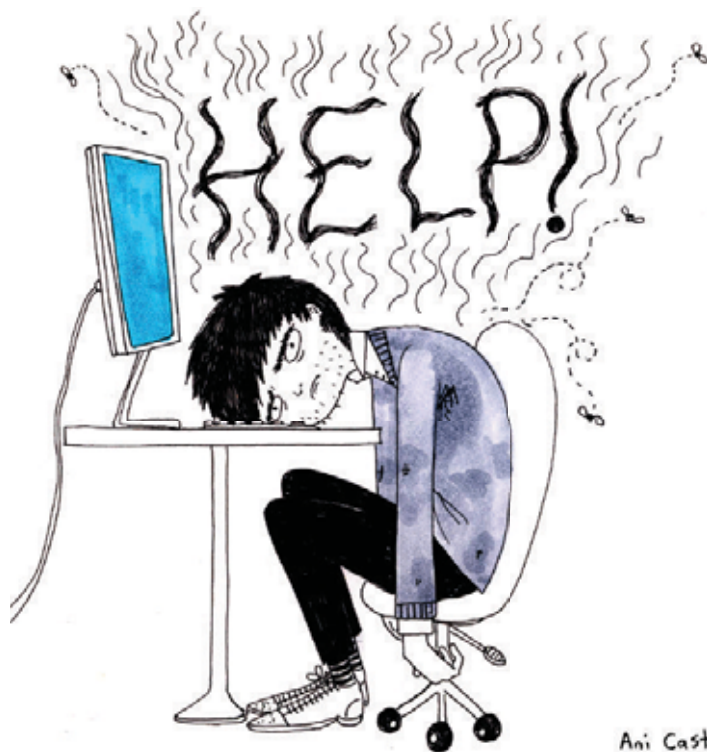
others when it comes to dander, so it's worth a try.

The second step is to address your friend's mental state rather than his physical state. Rather than comment on his appearance or avoid him altogether, take him out for a coffee and tell him he's seeming a bit rough these days psychologically. Ask how he's coping with the breakup, and tell him you're always there if he wants to talk.

It may take a bit of effort, but sometimes good manners do. And if your support can pull him out of his downward spiral and eventually get him to take a shower, it'll be a win-win for you both.

Need advice?
Email Ellen:

scene@metronews.ca



Ani Castillo

ROSEMARY WESTWOOD

metroview

Thanks to Ai Weiwei, Lego can't build a politics-proof brand

You know it as a synonym for your childhood.

Now, consider Lego: enemy of Ai Weiwei.

The star Chinese artist has never been one to go gently. And despite accusations he's softened his stance on the Communist government (he said they now have "a basis of trust" after authorities dropped his travel ban), Ai is going hard on the maker of colourful building blocks.

And for Lego, it's lose-lose.

In September, the company refused to sell an Australian museum a bulk order of Lego — Ai's chosen material for an upcoming show.

Lego's reason, according to Ai and later confirmed by a spokesman: "They cannot approve the use of Legos for political works."

That alone doesn't seem to have sparked the artist's outrage. Ai only posted about the put-down after the announcement of a Legoland amusement park to be built in Shanghai. He accused Lego of censorship and discrimination. He drew connections to its corporate interests in China, and its refusal to help the country's most famous dissident.

And Ai's fans — a bona fide international force — responded. They're donating Lego in Beijing, Melbourne and Berlin. Ai has "decided to make a new work to defend freedom of speech and 'political art,'" he wrote on

Instagram.

Lego has been taking heat on Twitter, and offered a contradictory and unconvincing response: "We respect everyone's right to creative expression, we don't censor, prohibit/ban creative use of LEGO bricks." Anyone can buy as many bricks as they want, the company wrote, "We just can't offer direct bulk purchases to facilitate such projects. We hope this helps to explain things!"

Despite the "I" — no, Lego, it doesn't. "Just can't" isn't a lucid corporate policy — it's teenage speak for "don't wanna." And as Ai pointed out, the refusal gives plastic blocks far too much credit.

Lego reportedly pleased China (a lucrative market), earning praise from state-run media. But that doesn't make this a Lego win.

With his godlike pop-culture status, his global reach and compulsive use of Twitter and Instagram, Ai, himself is a force to be reckoned with. He could damage the innocence of Lego's brand. Chinese authorities make or break a Legoland project in Shanghai, but Ai's influence spans the globe. Everything that touches him turns political. And no one and nothing that touches him can stay out of it.

"The Internet is like my canvas," he told the New York Times. And whether Lego likes it or not, Ai will use its toys, and take to its brand with his brush.

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The sandwich that saved my life

NEW COOKBOOK

Ruth Reichl's generous take on the classic grilled cheese

Recipes, to Ruth Reichl, are conversations, not lectures. A good cookbook "is one that has voice." A great cookbook is "one that makes you want to cook."

Here's the curious catch. Reichl, the much-loved former restaurant critic who ran Gourmet magazine until it was abruptly shut down, doesn't like how our fascination with chefs has made us feel intimidated in the kitchen.

"I feel strongly that we've terrified people out of cooking," she declares. We've turned cooking into a performance, but "if you've enjoyed yourself in the kitchen, you haven't failed."

On the second page of her new book, *My Kitchen Year: 136 Recipes That Saved My Life*, Reichl owns the truth that her knife skills are pathetic.

In Toronto to promote the book last week, she visited the Torstar test kitchen and asked to make *The Diva of Grilled Cheese*, a recipe full of alliums that must be finely chopped.

And chop them she did, thoughtfully, without swagger. Green onions. White onions. Red onions. Leeks. She's hardly pathetic, but she's no chef.

Reichl considers three loaves of sourdough bread — one uncut and from a bakery, two from the supermarket and cut to different



TORSTAR NEWS SERVICE

thicknesses.

She wants to work with all three.

"See? I can't even slice bread," she muses when the too-fresh loaf gives her trouble.

Presented with four white cheddar cheeses, she nibbles away and picks a two-year-old one from Quebec.

"Any cheese will actually do," she graciously allows, before tasting a fifth option — Balderson's smoked cheddar. It's new to her and something she's keen to experiment with, mindful that "it could be awful."

In her upstate New York coun-



try home, she cooks to music, usually the Blues, or sometimes to an audio book. Cooking is a meditation that centres her.

Reichl is 67. Those who've followed her story will want to know that her television news producer husband Michael Singer is 75 and working on a documentary. Their current cats are named ZaZa and Cielo. Their son Nick, 26, is studying film at grad school and living in their Upper West Side apartment.

When you think of Reichl now, you most likely remember that moment in October 2009 when you heard that Condé Nast was closing Gourmet magazine immediately.

It was even more shocking for Reichl. She was in Seattle promoting the *Gourmet Today* cookbook when she was recalled to New York for an urgent meeting. She didn't see it coming.

She lost her decade-long job as editor-in-chief along with her identity and sense of purpose. She had previously spent more

than two decades as restaurant critic, namely for the Los Angeles Times and New York Times. She was 61.

Engulfed by feelings of failure, fear and inadequacy, she entered "the land of grief."

She had nowhere to go, so she went to the kitchen and opened the fridge. Cooking became her lifeline. She found a community on Twitter, where she is known for her haiku-like tweets.

Six months after *Gourmet's* abrupt closure, at a reunion meal, the former travel editor Bill Sertl asked how she was faring without an expense account.

It dawned on Reichl that after 32 years eating out on expense accounts, she was happier in the kitchen than in fancy restaurants. Maybe, Sertl suggested, she should write a cookbook.

She lovingly calls *My Kitchen Year* her "accidental cookbook."

Reichl did turn her recipes over to a tester, who measured everything. But she chose to leave many of the details out to give people permission to make the recipes their own.

Here's a surprise twist — she hates writing.

"I do. I do," she admits. "I don't know very many writers that don't. I hate writing. I love cooking."

TORSTAR NEWS SERVICE

RECIPE

The Diva of Grilled Cheese **Ingredients**

- Your choice of several alliums (shallots, leeks, green onions, red/yellow/white/sweet onions)
- 1 small clove garlic, minced
- 3-3/4 cups (925 mL) loosely packed, grated cheddar cheese
- 6 slices (1/2-inch/1-cm thick) sourdough bread
- Unsalted butter, at room temperature
- Mayonnaise

Directions

Gather your alliums and finely chop into small heap on large cutting board. You need about 1 cup (250 mL). Add garlic and 3 cups (750 mL) cheddar. Toss gently to combine. Butter 1 side of each bread slice right to edges. Heap cheesy onion mixture on top of 3 slices, butter sides facing in. Pat mixture firmly but leave in a generous mound. Top each portion with second slice bread, butter side facing in.

Spread thin layer mayo on outside of sandwich to help prevent scorching.

Press 1/4 cup (60 mL) grated cheddar on outside of each sandwich.

Heat non-stick griddle over 350F (180C) or large, non-stick skillet over medium.

Add sandwiches. Cook about 4 minutes per side.

ADAPTED FROM MY KITCHEN YEAR

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RECIPE EXCERPT CHICKEN WINGS: 70 UNBEATABLE RECIPES FOR FRIED, BAKED AND GRILLED WINGS, PLUS SIDES AND DRINKS



Chicken Wings: 70 unbeatable recipes for fried, baked and grilled wings, plus sides and drinks by Carol Hilker is the perfect go-to recipe book for game night, but with 70 recipes, it'll serve well in a variety of entertaining scenarios.

The book contains everything from classic glazes to lighter fare, taking the humble chicken wing to the next culinary level.

Here are two indulgences that go great together. Popular in the Southern states, Cola Wings are baked and covered with a cola-based BBQ-style sauce and go great with these waffles.

CHICKEN WINGS BY CAROL HILKER, PHOTOGRAPHY BY TOBY SCOTT, IS PUBLISHED BY RYLAND, PETERS & SMALL. \$29.95

Southern-style Cola Wings

- 4 lbs. chicken wings, halved at the joints, tips removed
- 2 cups brown sugar (light or dark)
- 2 cans of cola or root beer
- 3 onions, chopped
- 2 shallots, finely chopped
- 4 garlic cloves, finely chopped
- 4 Tbsp soy sauce
- 1/4 tsp freshly ground black pepper
- pinch of salt
- 2 tsp cornflour

Preheat the oven to 180 C. In a medium bowl, combine the brown sugar, cola, onions, shallots, garlic, soy sauce, pepper and salt.

Place wings in a large casserole dish. Pour over the cola mixture. Bake for 1 1/2 – 2 hours or until the juices run clear when the thickest part is pierced to the bone. Turn the wings occasionally during cooking, to ensure they do not burn or brown too much. Remove the wings from the dish and set aside.

Pour the soda mixture in a small saucepan and heat. Place the cornflour in a bowl, add some of the warm sauce, and mix to form a loose paste. Pour this back into the pan with remaining sauce and cook over a low-medium heat until the sauce has thickened to the desired consistency. Toss wings in sauce and serve with blue cheese dipping sauce.

SERVES 4-6
Great with
blue cheese
dipping Sauce



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MAKES FOUR

Fluffy Buttermilk Waffles

These waffles are fluffy due to their buttermilk base and are fantastic served with the chicken wings shown above or slathered with maple syrup for breakfast (or for dessert!). As a variation, you can stir grated Cheddar cheese into the batter just before cooking.

- 1 3/4 cups plain/ all-purpose flour
- 2 tsp baking powder
- 1 tsp baking soda/ bicarbonate of soda
- 1 Tbsp sugar
- 1/2 tsp salt
- Extra-large eggs, at room temperature
- 1 tsp vanilla extract
- 1 1/2 cups buttermilk, at room temperature
- 1 stick unsalted butter, melted and cooled



Heat up the waffle iron according to the manufacturer's instructions. In a large batter bowl, combine the flour, baking powder, baking soda/ bicarbonate of soda, sugar and salt, stirring well to combine the ingredients. Create a depression in the centre of the dry ingredients.

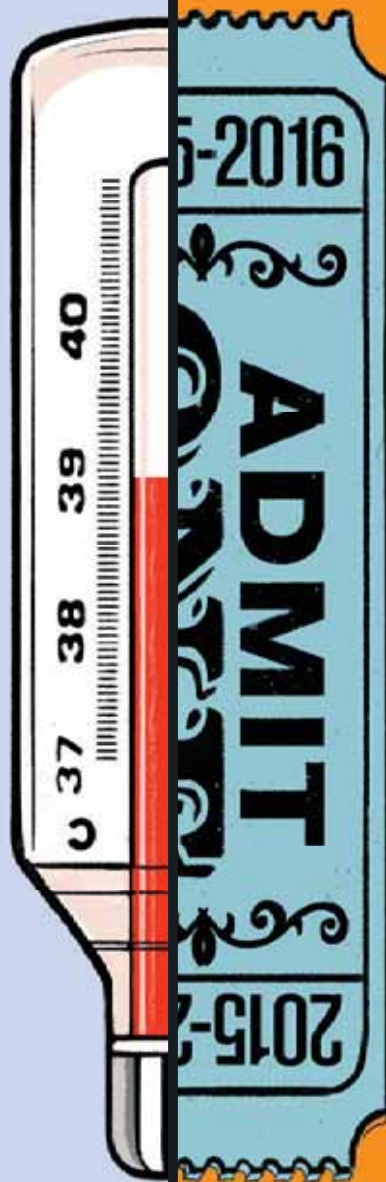
Beat the eggs in a large measuring cup or medium bowl until frothy and well combined. Add the vanilla extract, buttermilk and cooled butter. Beat until well combined.

Pour the buttermilk mixture into the dry ingredients' depression and stir rapidly with a wooden spoon until well combined. There will be an immediate chemical reaction between the buttermilk and the dry ingredients, creating a thick, rich batter honeycombed with air bubbles.

Using the wooden spoon, push one quarter of the batter onto your waffle-iron plates and bake according to the waffle iron instructions or until the steam stops rising from the waffle iron.

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Party smartly this Halloween

HEALTH AND SAFETY

Take health scares out of Halloween with these tips

Eva Kis
Metro | New York



Halloween night's scares should all be in good fun. We've got the ingredients for making the celebration a little less frightful.

Keep an eye on the clock
Daylight Saving Time ends at 1 a.m. on Nov. 1, which seems like a good thing — an extra hour on the hardest partying night of the year is the best treat, right?

Maybe. It's easy to let the night take you where it wants, but you could end up getting sick from drinking longer than normal, or being tired enough to fall asleep on your way home on the subway, bus or cab.

While you do have Sunday to sleep off bad decisions, Monday

morning will be a lot less cruel if you turn down at your usual 3 a.m., rather than when the clock says it's 3 a.m.

Rethink trick-or-treating
You don't have to give up Halloween's most hallowed tradition. If going to a club or other big event isn't your speed, organize your own party. The cocktails are easy — a little cranberry juice and anything is bloody; swap the tequila for mezcal and you've got instant smoke and spice; and instead of setting out bowls of candy, ask everyone to bring a home-baked treat. Set up all the pans and plates on various tables and surfaces around your home, and you've got adult trick-or-treating.

Be careful with coloured contacts
Don't make a decision on Halloween that you could regret forever. A recent study out of Japan found that several brands of non-prescription costume contacts contained chlorine and other harmful chemicals, likely from the dyes used on the lenses.

Contacts that don't fit your



The clocks turn back one hour on the night of Halloween, which may impact your party choices — for better or for worse. ISTOCK

eyes can also scratch the cornea, which can cause infection and blindness. Get a prescription from an ophthalmologist, or find a different accessory.

Get home safely
If you're walking home and feel unsafe but can't rely on

calling someone, there's an app that will let a friend virtually walk with you. Tell the Companion app (free, iOS and Android) your destination, and it can ping one of your contacts and send them a link to track you on a map.

If anything happens — you

make a wrong turn, start running or the headphones are pulled out of the jack — the app turns the phone into a personal alarm system with loud sounds to scare off criminals and can even call 911. The person at the other end of the app also gets an alert.

FOOD BRIEFS

Baked flavoured Kit Kats a questionable gimmick

Trick-or-treating may not be a widespread practice in Japan, though it's not for lack of tooth-rotting sweets.

Just in time for Halloween, Nestle has introduced bite-sized versions of some of its unusual varieties of Japanese Kit Kat bars, including sweet potato and pumpkin pudding.

The flavours are strange, sure, but what's intriguing is that you're encouraged to bake these bars before eating.

When the Kit Kats are baked at 350 F, just long enough for the tops to turn brown but not burn, they resemble something like crunchy, fresh-baked cookies, though not quite as satisfying. And while the pumpkin pudding-flavoured bars do offer a hint of pumpkin flavour, there are no discernible sweet potato notes in the other batch, whether eaten hot or cold. The overwhelming taste is cloying sweetness, which only a dose of wasabi could cut.

TORSTAR NEWS SERVICE

HOME COOKING

Eat healthy this fall with an easy, homey veggie oven hash

As we head into crisper weather, there are classic dishes that beg to be made this time of year. One favourite is a roasted vegetables — a dish that's tasty, and full of nutrients, too. Your vegan or gluten-free eaters will be impressed.

VEGGIE OVEN HASH, BY MELISSA D'ARABIAN

Start to finish: 40 minutes
Servings: 8

• 2 1/2 cups (3/4 pound) cubed butternut squash (1-inch cubes)

- Olive oil
- Kosher salt and ground black pepper
- 2 cups (1/3 pound) small cauliflower florets
- 2 cups (1/3 pound) small broccoli florets
- 1 medium yellow onion, chopped
- 2 stalks celery, chopped
- 4 cloves garlic, minced
- 8 ounces cremini mushrooms, sliced
- 1 Granny Smith apple, peeled, cored and diced
- 2 tbsp chopped fresh thyme

- 1 tbsp minced fresh rosemary
- 1 tbsp minced sage
- 1 tbsp lemon juice
- 1/2 cup toasted walnuts, roughly chopped

Heat the oven to 400 F. Line two rimmed baking sheets with kitchen parchment or foil.

Mound the squash on one of the prepared baking sheets then drizzle with about 1 teaspoon of oil. Toss to coat, then season with salt and pepper. Arrange in an even layer, then roast until tender, 30 to 35 minutes, turning



once or twice.

While the squash is roasting, mound the cauliflower and broccoli on the second sheet. Drizzle

them with 2 teaspoons of oil, season with salt and pepper, then arrange in an even layer and roast for 25 minutes, turning halfway through, or until the cauliflower is golden. All of the vegetables should finish roasting around the same time. Set aside to cool.

Meanwhile, in a large pan over medium, heat 1 tablespoon of oil. Add the onion and celery and cook until translucent, about 5 minutes. Add the garlic and mushrooms, then sauté until the mushrooms are starting to get tender, about 7 minutes. Add

the apple, thyme, rosemary and sage, then cook another 5 minutes, or until the mushrooms are tender (but not floppy).

Stir in the lemon juice, remove from the heat and transfer to a large bowl. Add the slightly cooled roasted vegetables and the toasted walnuts. Stir and adjust seasoning if needed.

Food Network star Melissa d'Arabian is an expert on healthy eating on a budget. She is the author of the cookbook, Supermarket Healthy.

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A diet high in vegetables is important when it comes to your health. ISTOCK

WORD OF MOUTH

Eating high quality foods and mostly veg still best advice

Theresa Albert
For Metro Canada



You knew it was coming: the news that bacon is carcinogenic along with its processed meat brethren of deli meats, smoked meats and hot dogs.

This week, the World Health Organization rocked your lunch world by placing processed meats in the highest carcinogen category (where cigarettes and asbestos reside) and cooked red meat in the second-highest (probable carcinogen) cat-

egory.

Let's just be clear, this is not news. It is the confirmation of widely suspected information based upon the latest gathering of scientists with research to share with the endorsement of the respected World Health Organization.

Nothing has changed. The information is telling you that consuming these foods puts you at increased risk of cancers particularly of the colon. It does not say that biting into that sandwich will cause cancer.

To reduce your risk you (still) need to:

- Eat mostly vegetables.
- Consume high vitamin C fruits and vegetables with any smoked, cured, processed or cooked meat to mitigate the risk.
- If you are going to enjoy

processed meats, you need to choose the best in class with the highest quality, lowest sugar, lowest salt amounts. One or two slices will be better (on many levels beyond carcinogenic concerns) than a sky high pile.

- If you are going to consume red meats (which this recommendation assessed as beef, mutton, pork, lamb, horse or goat), use low temperature, braised or stewed methods of cooking. High temperature direct pan frying or grilling creates more carcinogens.
- Reduce your overall amount of meat as low as possible. There are still protein, B vitamin and zinc nutrients that are beneficial and difficult to obtain elsewhere.

Theresa is an on-camera food and health expert, nutritionist and writer who loves to spread the word on food

LIQUID ASSETS

Pumpkin: Not just for lattes

Peter Rockwell
For Metro Canada



If you're a coffee fan you don't need a calendar; all you have to do is check out the chalkboard at your local café, or big box bean grinder, for the announcement that both fall, and pumpkin spice lattes, have arrived.

Think baristas are out of their gourd mixing pumpkin meat with their brew? Beer makers across Canada are doing the same. Just walk the

craft beer aisles of your local liquor store.

Liqueur producers, who have never met a flavouring agent they couldn't work with, are also piecing together tipples with output from the veggie patch.

Starting with its original recipe of rum and Mexican-grown coffee beans, Kahlúa's Limited Edition Pumpkin Spice Liqueur (\$14.99-\$16.95) gets its autumn flavours on by adding pumpkin and other seasonal ingredients to the blend.

Drinking much like you

would expect, it's a tasty way to add some punch to a martini or, if you're dressing-up as The Dude from The Big Lebowski this Halloween, your obligatory White Russian.

Prices reflect the range across the country. Some products may not be available in all provinces.



Rose Reisman EAT THIS

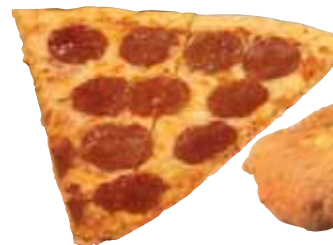
You know you're going to eat fast, so next time choose this not that

THIS WEEK: Pizza Pizza

Is there any type of food more beloved than Italian-inspired? With basic ingredients including tomato sauce and cheese, how can you go wrong? Pizza Pizza is a popular option for Canadians, with over 28 million pizza orders

a year. Italian-inspired food fans will also love the classic panzerotti, a mouth-watering variation — think of an entire enclosed pizza stuffed with cheese, pepperoni and sauce. While a panzerotti may just seem like a pizza rolled up, it packs a lot more onto your waistline.

✓ PICK THIS



Pepperoni & Cheese Pizza (2 slices)

Calories 480
Fat 16 g
Saturated fats 8 g
Sodium 1100 mg
Carbohydrates 66 g
Cholesterol 60 mg
Sodium 1100 mg

✗ SKIP THIS



Cheese and Pepperoni Panzerotti

Calories 1160
Fat 40 g
Saturated fats 20 g
Carbohydrates 138 g
Cholesterol 120 mg
Sodium 2340 mg

= HERE'S WHY



The fat equivalent of four servings of Penne Bolognese

While both items are made of dough, tomato sauce, pepperoni and cheese, the panzerotti is close to double the weight. The stats suggest only eating half a panzerotti, but as you are served a whole one, you'll most likely devour the entire thing! So that's double the dough, cheese and pepperoni. You're getting half your daily calories and fat and more than a day's worth of sodium. You could eat the equivalent of four servings of Penne Bolognese in fat. Mamma Mia!

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Starting From Price for 2016 Jeep Wrangler Unlimited Rubicon with Rubicon Off-Road bumper shown: \$43,330.¹

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Starting From Price for 2015
Jeep Grand Cherokee Limited shown: \$49,890

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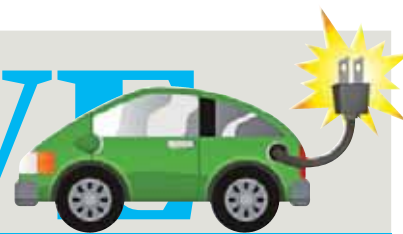
Jeep.



Wise customers read the fine print: †, ‡, §, ¶, •, ✶, ✷, ✸, ✹, ✺, Ⓢ The Sweet Sixteens Are Here Sales Event offers are limited time offers which apply to retail deliveries of selected in-stock new and unused models purchased/leased from participating retailers between October 20 and November 2, 2015. Offers subject to change and may be extended or changed without notice. All pricing includes freight (\$1,745), air-conditioning charge (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Financing and lease offers available to qualified customers on approved credit. Retailer offer/trade may be necessary. Retailer may sell for less. 10% purchase financing for up to 60 months available to select new models to qualified customers on approved credit through RBC, Scotiabank and TD Auto Finance. Retailer offer/trade may be necessary. Examples: 2016 Jeep Cherokee Sport FWD (24A)/2015 Jeep Grand Cherokee Laredo (23E) with a Purchase Price of \$26,175/\$38,900 with a \$0 down payment, financed at 0% for 60 months equals 130 bi-weekly payments of \$201/\$294 with a cost of borrowing of \$0 and a total obligation of \$26,175/\$38,900. Total Discounts of \$3,250 consists of \$3,250 Consumer Cash on the 2016 Jeep Patriot Sport 4x2 (25D). Total Discounts of Consumer Cash/Lease Cash discounts are deducted from the negotiated base price before taxes. *\$500 Bonus Cash is available only on select 2015/2016 Chrysler 300/300C and Town & Country models, 2015/2016 Jeep Grand Cherokee models, 2015/2016 Dodge Charger and Challenger models (excludes SRT Hellcat). 2015/2016 Dodge Durango, 2015/2016 Ram 1500 models (excluding Reg Cab 4x2 and 4x4) and 2014/2015/2016 Ram Heavy Duty models purchased/leased at participating retailers from October 20 to November 2, 2015.

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Scion scores with iM model



REVIEW

Youth-targeted Scion is not the most powerful but affordable

Jil McIntosh
For Metro Canada



pedal hard. Still, it builds its speed smoothly under normal driving, feels substantial, and is stable at highway speeds. It includes hill start assist, which holds the brakes for a couple of seconds on an incline, a great feature for those who are relatively new to a manual transmission (and even for those who have been driving one for a while).

The list of standard features includes a backup camera, dual-zone automatic climate control, eight airbags, cruise control, touchscreen stereo, and a 60/40 rear seat that folds flat for more cargo space.

Oddly, though, while you do get power-folding mirrors, there are no heated seats, a major omission for a car that needs to get through a Canadian winter. Scion says it may eventually offer them as a dealer-installed option.

The interior is nicely finished and the cabin is roomy, with front seats that were more supportive than I expected, and good rear legroom for the car's size.

The ride is smooth, the car handles well, and it's very quiet, thanks in part to an acoustic windshield. If you liked your Toyota Matrix — or your Pontiac Vibe, the GM version of it — then this might be the replacement you've been looking for.

If you miss your Toyota Matrix, Scion has a car for you. As Toyota's entry-level and youth-oriented brand, Scion's past offerings have primarily been offbeat and inexpensive, but they could also feel cheap and tinny.

Now there's the iM, a hatchback that's priced like a Scion but feels more upscale than what you pay for it. In this case, it's \$21,165 with a six-speed manual, or \$21,990 with an automatic continuously variable transmission (CVT). As per Scion's pricing structure, it comes in a single trim line, although you can add a few dealer accessories such as a premium sound system or navigation.

The engine is a 1.8-litre four-cylinder that isn't the most powerful in the segment, and you will have to plan your passing manoeuvres, since it's slow to respond when you hit the

THE CHECKLIST | 2016 SCION iM

THE BASICS

Type. Four-door, five-passenger compact hatchback
Engine (hp/torque). 1.8-litre four-cylinder (137/126)
Transmissions. 6-speed manual or CVT
Price. \$21,165 (manual); \$21,990 (CVT)

COOL FEATURES

- Four-wheel disc brakes
- Rearview camera
- Cargo cover
- USB port and Bluetooth connectivity
- Driver's knee and passenger seat airbags
- Heated mirrors with integrated turn signals
- Keyless entry



JIL MCINTOSH/FOR METRO

POINTS

- The iM was named the Best Budget Car by the Women's World Car of the Year (disclosure: I'm a judge).
- The iM's price is higher than its competitors' base price, but it includes items that are extra-charge on others.
- Toyota expects that by next year, the iM will make up 56 per cent of all Scion sales.

MARKET POSITION

Scion hasn't been a huge hit so far in Canada, and the company is moving it ahead by trimming slow-selling models, adding 50 new dealers, and rebranding it as "Scion by Toyota."

THE COMPETITION



Honda Fit
Base price: \$14,730



Hyundai Elantra GT
Base price: \$18,549



Ford Fiesta
Base price: \$15,399



There are no heated seats, a major omission for a car that needs to get through a Canadian winter.

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Bond movies still gunnin' it in style

AUTOPILOT

Her Majesty's Secret Service always good for cool rides and smash-ups

Mike Goetz
For Metro Canada



The new James Bond flick, *Spectre*, gets released next week in Canada and — spoiler alert — there is a car chase at some point.

But I guess a James Bond film without a car chase is like a Harry Potter film without pointy hats, or a Nicholas Cage film without over-acting.

The big car chase and resultant smash-up takes place on the streets of Rome and Vatican City and cost a reported \$48 million, more than 10 per cent of the film's \$403-million overall budget. So it's probably a pretty good car chase and smash-up.

Bond's ride is an Aston Martin DB10. You can't walk into an Aston Martin dealership and

drive away with a DB10. Aston Martin unveiled a concept car earlier this year called DB10, to show the styling direction for the next generation of Aston Martins, particularly the coming successor to the current DB9 production car. Analysts speculate the DB9 successor will be called a DB11, making the DB10 pretty much a Bond thing.

Aston Martin made 10 examples for the film, obviously specially modified for all the movie hijinks. As part of a new agreement between Mercedes-Benz and Aston Martin, the DB11 is expected to use versions of the German automaker's powertrains, but the Bond DB10s are equipped with the English automaker's current V8 and six-speed manual transmission.

In the trailer we see Bond, played again by Daniel Craig, meeting his government-issue Aston Martin DB10 for the first time. He gets the walk-around from Q, played by Ben Whishaw, who re-



The Jaguar C-X75, seen above with actress Naomie Harris, has a pivotal role in the new 007 film *Spectre*. Left: The Aston-Martin and Bond (in this case played by Pierce Brosnan) is an iconic combination. JAGUAR; LEFT: ASTON MARTIN



marks how the Aston can rip from 0-60 mph in 3.2 seconds, and how it has "a few little tricks up her sleeve."

We'll have to wait for the movie to see those tricks, but I'm guessing they're a grade up from the tricks found on the original Bond Aston Martin, that famous DB5 that Sean Connery's Bond received from Q

in 1964's *Goldfinger*. That DB5 was famously fitted with injector seat, machine guns, tire slashers, rotating licence plate, bulletproof glass and what-not, and became the archetypal super-agent screen car.

In the new movie's big chase scene, Mr. Hinx, a high-ranking *SPECTRE* member and super-assassin, pursues Bond with an equally rare and exciting beast — a Jaguar C-X75.

The Jaguar C-X75 is also strictly a concept car, debuting with four electric motors, and two micro-turbine engines exclusively for charging the battery pack. While the Hinx C-X75 movie car stays faithful to the concept's styling, underneath is a racecar chassis and Jaguar's super-charged 5.0-litre V8.

While I'm generally indifferent to product placement in movies, I can really get behind the product placement that you see with all the vehicles in Bond movies. Especially when you get the double-whammy of seeing cool and exclusive vehicles in high action, and then also get to see some of them get blown up or destroyed in spectacular and creative ways. What's better than that?

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zoom-zoom

DRIVING MATTERS

†10% APR Purchase Financing is available on select new 2015 and 2016 Mazda models. Terms vary by model. Based on a representative agreement using an offered pricing of \$17,845 for the new 2015 Mazda3 GX (D4XK65AA00) with a financed amount of \$18,000, the cost of borrowing for a 48-month term is \$0, monthly payment is \$375, total finance obligation is \$18,000. Offer includes freight and P.D.E. of \$1,695, \$100 OMVIC fee, \$23.75 Tire Stewardship Fee, and \$100 Air Conditioning charge (where applicable). Offer excludes HST. ‡\$750 Fall Bonus is available on retail finance/lease of all new, in-stock 2015 Mazda3/2015 Mazda3 Sport models from October 1 - November 2, 2015. Fall Bonus not available on Cash Purchase offers. Fall Bonus will be deducted from the negotiated price before taxes. See dealer for complete details. †Offer available on retail leases of new 2016 CX-3 GX (HVXK86AA00)/2016 CX-5 GX (NVXK66AA00) with a lease APR of 3.49%/1.99% and 130/130 bi-weekly payments of \$123/\$129 for 60/60 months, the total lease obligation is \$16,885/\$17,729, including down payment (or equivalent trade-in) of \$895/\$895. As shown, Offered Pricing for new 2016 CX-3 GT (HXTK86AA00)/2016 CX-5 GT (NXTL86AA00) with a lease APR of 3.49%/1.99% and 130/130 bi-weekly payments of \$174/\$191 for 60/60 months, the total lease obligation is \$23,519/\$25,693, including down payment (or equivalent trade-in) of \$895/\$895. Lease payments include freight and P.D.E. of \$1,895/\$1,895, \$10 OMVIC fee (all models), \$23.75 Tire Stewardship Fee (all models), and \$100 Air Conditioning charge (where applicable). PPSA of \$90.95/\$90.95 and first monthly payment are due at lease inception. 20,000 km per year mileage allowance applies; if exceeded, additional 8¢ per km applies (12¢ per km for CX-9 models). Offers exclude HST. Offered leasing available to retail customers only. *To learn more about the Mazda Unlimited Warranty, go to mazdaunlimited.ca. Licence, insurance, taxes and down payment (where applicable) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid October 1 - November 2, 2015, while supplies last. Lease and finance on approved credit for qualified customers only. Offers subject to change without notice. Visit mazda.ca or see your dealer for complete details.

Ford engineers turning it up to 11

+ SURVEY

Most EV drivers say they'll be lifers

A new survey by Ford suggests that nine out of 10 electric-car drivers will not go back to cars with internal-combustion engines.

Ford polled 10,000 drivers of battery-electric and plug-in hybrids. Ninety-two per cent of battery-electric drivers and 94 per cent of plug-in hybrid drivers plan to buy another electrified car as their next vehicle.

Stephanie Janczak, Ford's manager of electric-

vehicle infrastructure and technology, told alternate-energy news website CleanTechnica that most current drivers of all-electric cars said they would stay electric, while plug-in hybrid owners were more inclined to consider switching to an all-electric.

The driving experience and an appreciation of clean technology were cited as the main reasons for staying electric, she said.

THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news

NEXT GENERATION

New Prius boosts size, fuel economy

Less than a year after selling its seven-millionth gas-electric hybrid car, Toyota has crossed the eight million mark, demonstrating its continuing global domination of the hybrid market. Those eight million cars, the company says, have saved a combined 58 million tons of carbon dioxide emissions that would otherwise have gone into the atmosphere. The sales figure represents vehicles from Toyota and its luxury Lexus brand. Toyota meanwhile debuted its next-generation Prius in September. The car is touted as having 10 per cent better fuel economy than the outgoing model, with smaller and lighter hybrid components. It's also longer and wider than before.



MORE AND MORE GEARS

10-, 11-speed transmissions in Ford's future

Ford has made a patent filing for an 11-speed automatic transmission, in three variations with differing combinations of gears, clutches and brakes. The company had already confirmed plans to launch an all-new 10-speed transmission in its aluminum-bodied F-150 pickup truck in 2016. Along with direct fuel injection, lightweight construction and downsized engines fitted with turbocharging, advanced transmissions are helping automakers meet ever-tightening corporate average fuel economy standards without resorting to electric and hybrid powertrains. To date, Ford's 10-speed automatic has only been confirmed for the 2017 F-150 Raptor high-performance truck (pictured), but should eventually spread across the rest of the F-150 truck lineup.



TEXT AND IMAGES BY WHEELBASE MEDIA



FUEL-EFFICIENT CAR

Sedan in the works for the 2017 Mirage lineup

After skating through the 2016 model year unchanged, Mitsubishi's frugal Mirage subcompact will be refreshed early next year as a 2017 model. Car and Driver magazine reports the updated Mirage will likely get a redesign of its frontal styling that ties it more visually to the redesigned 2016 Mitsubishi Outlander tall wagon. Also for 2017, the five-door hatchback Mirage (current model pictured) reportedly will be joined by a four-door sedan, giving it a lineup to rival its main contenders, the Ford Fiesta and Hyundai Accent.



CASH UP FRONT

State offers EV rebates to accelerate sales

Connecticut wants to teach the rest of the United States how to sell electric and plug-in hybrid vehicles, reports Automotive News. In May, it became the first state to offer cash-on-the-hood rebates for electric vehicles and plug-in hybrids such as the Chevrolet Volt, pictured, Ford C-Max Energi and Nissan Leaf. The Connecticut Hydrogen and Electric Automobile Purchase Rebate program sets aside \$1 million US for rebates from \$750 to \$3,000 per electrified vehicle, on top of a \$2,500 to \$7,500 federal tax credit already in existence.

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3 THINGS AT THE 2016 TOKYO MOTOR SHOW

Japan's biggest single automotive showcase

may only come around once every two years but no other international motor show promises the same mix of the outlandish and outright ingenious. AFP

Sports car concepts, like the Toyota S-FR, are going to be big at this year's show. TOYOTA



1 A sporting chance of production

Mazda is bringing a sports coupé concept to this year's show and there's a good chance the car could lead to a new RX8 production vehicle, complete with a rotary engine. All that Mazda will say is that the design references the company's great sports cars of the past while also looking to the future.

Toyota is being far less coy about its S-FR concept. A lightweight 2+2 coupe with rear-wheel drive and potentially excellent handling, it is expected to challenge the Mazda Miata MX5 in terms of price and performance.



Teatro for Dayz concept car: A car designed for the next generation of drivers. NISSAN



The Mitsubishi eX concept sports an augmented reality windshield and an electric motor. MITSUBISHI

2 Complete autonomy

One of the most intriguing cars at this year's show will be Nissan's Teatro for Dayz concept, which attempts to understand what the next generation of road users will want from a car. A complete blank canvas, it jettisons all current design motifs so that the owner can instead project his or her own personality on it, inside and out.

The Mitsubishi eX Concept is much more conventional by comparison but will showcase the company's latest innovations in battery technology and will debut an augmented reality windshield that brings autonomous and connected car features to drivers without the associated distractions.



Suzuki and Lexus will be showcasing luxury, as in the Suzuki Air Triser concept. SUZUKI

3 The lap of luxury

This year's show coincides with Lexus's 25th anniversary and the premium marque is marking the occasion with a show car that represents "progressive luxury." It will also give the clearest sign of what the next-generation LS — the company's flagship executive sedan — will be offering in order to compete with the Mercedes S Class and BMW 7 Series.

Suzuki will be showing something called the Air Triser, which is an exercise in packaging as well as comfort, and brings an executive lounge feeling to the interior of a compact MPV.

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Highline model shown

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2.0L Trendline manual transmission



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Ben Roethlisberger is set to return to the Steelers after missing four games with a sprained knee and bruised leg



Sens lacking killer instinct



When the Senators won two of their first three games, I mentioned there were still underlying issues with the club. However, compete level wasn't one of them.

After another loss Saturday, the team's third in a row and fourth consecutive at home, Dave Cameron called out his players. "They just had no interest in competing. I wish I could tell you why, I have no answer to that," said the beleaguered coach.

Other Senators chimed in; Bobby Ryan said, "I didn't think we were ready right off the puck drop."

Craig Anderson noted, "If I knew, I'd have a crystal ball."

Cody Ceci suggested, "We let our foot off the gas at the end of games if it's close."

All four statements leave room for concern.

A frustrated Cameron is sending his players a message Malaise at this juncture of the campaign can affect the bottom line on and off the ice.

Points lost in October are ones the Senators don't want to regret come April. More importantly, the coach is under extreme pressure from above to pry the utmost out of his club, especially in front of the home folk where fan experience is key. Evenings such as this tend to leave an empty feeling in one's pocket-book.



The Senators lost their fourth straight home game on Saturday. The Coyotes won 4-1. FRED CHARTRAND/THE CANADIAN PRESS

Ryan questioned the team's start. Why wasn't the club prepared? Cameron intimated staff were satisfied how practices are being conducted, players are attentive in meetings and morning skates appear to be going well.

These players have to wear this one. It's their job to be ready from puck drop.

As for Anderson's crystal ball comment, goalies are quirky. I know, I was one. Net-minders rarely criticize the players in front of him.

Interestingly enough, the 21-year-old Ceci is spot on. The Senators have blown three leads in eight games. Fortunately, the club salvaged points in two of them.

Why does this team appear to take their foot off the gas at times? Chalk it up to inexperience. The Senators entered the season as the third-youngest in the league. Removing injured veterans Clarke MacArthur and Marc Methot from the lineup can't help matters.

The club will be without

the services of Curtis Lazar and possibly Mike Hoffman Wednesday. Regardless, the Senators need to perform with urgency.

One silver lining — the last time the Senators lost four in a row at home to open a season was 2006-07. In that season, the club ended up in the Stanley Cup final.

MLB IN BRIEF

Encarnacion goes under knife to repair hernia

Toronto Blue Jays slugger Edwin Encarnacion has undergone surgery to repair a sports hernia.

The team said in a release that the designated hitter/first baseman is expected to recover in time for spring training.

Encarnacion helped form one of the most feared batting orders during the regular season, belting 39 homers and driving in 111 runs.

He had a .333 average with a homer and three RBIs in Toronto's five-game win over Texas in their American League Division Series, but his production tailed off in the AL Championship Series (.227 with two RBIs) as Kansas City dispatched Toronto in six games. THE CANADIAN PRESS

Sporting News names Collins NL manager of year

Terry Collins was selected NL Manager of the Year by Sporting News.

The New York Mets' skipper beat out St. Louis' Mike Matheny in voting conducted by a panel of 13 National League managers.

Collins received seven votes to five for Matheny. Joe Maddon of the Chicago Cubs got one.

THE ASSOCIATED PRESS



I've actually enjoyed pitching on the road in the post-season. You go out there and you're getting booed and it's fun to try to silence the crowd.

Jacob deGrom, who will be the starting pitcher for the Mets in Game 2 of the World Series. Go to metronews.ca for the result from Game 1 on Tuesday night.

SOCCER

Goal-scoring machine Wambach to retire

Abby Wambach, the leading career scorer — male or female — in international soccer, announced her retirement on Tuesday shortly after the U.S. national team celebrated its Women's World Cup victory at the White House.

Wambach, 35, said before the World Cup this past summer in Canada that she wanted to cap her 15-year career with the game's most prestigious championship. She got her wish. Wambach, who grew up in Rochester, N.Y., has appeared in 252 international



It's been an amazing, wonderful ride and I can't wait to see what the next chapter of my life brings.

Abby Wambach

matches with 184 goals.

She will play the final four matches of the national team's 10-game victory tour before stepping away from the team. Her final match will be Dec. 16 against China in New Orleans.

"After much deliberation and talking with my friends, family, teammates and our coaching staff, I've decided to

finally bring my soccer career to an end," Wambach said in a statement. "While we still have more work to do for women's soccer, after bringing the World Cup back to the United States this summer, I'm feeling extremely optimistic about the future of our sport.

"It's been an amazing, wonderful ride and I can't wait to

see what the next chapter of my life brings."

The United States defeated Japan 5-2 in the World Cup title game after a month-long tournament that crisscrossed Canada.

Wambach appeared in four World Cups with the national team. She also has a pair of Olympic gold medals from the 2004 Games in Athens and the 2012 Games in London.

She was the 2012 FIFA World Player of the Year.

THE ASSOCIATED PRESS



Abby Wambach
GETTY IMAGES

LeBron eyes 6 Finals in a row

NBA

But star knows ending drought for Cleveland will not be easy

LeBron James understands what it takes to reach the NBA Finals. The route, strewn with obstacles and doubts, has become a personal path. He knows the way as well as anyone.

James has been to the league's showcase event five straight years and six times in the past nine. On his most recent visit, the four-time MVP, two-time Olympic gold medalist and global icon, reminded everyone he remains the game's biggest, brightest star. And now, as he embarks on his 13th pro season, James, just two months shy of turning 31, understands getting back to the Finals will not come easy for the Cleveland Cavaliers.

"We've got a long way to go," he said. When he and the Cavs tipped off Tuesday night in Chicago, the ending that Cleveland fans can only dream of — celebrating the city's first pro sports title since 1964 — is nearly eight months away.

Right now, however, it's still just a dream. James nearly carried the Cavs to the top in his first season back in Ohio. But they came up two wins shy of the championship. Last season's journey, loaded with injuries, trades and whispers, seems to have made him more confident a title will happen.

If not this season, then soon. "I know what we're capable



The Cavs' LeBron James says the team was happy with all of last season's work but that they must now focus on the long road to making the Finals again. LYNNE SLADKY/THE ASSOCIATED PRESS

of," James said following a recent practice. "I didn't know what we're capable of going into the first game of the season last year. I knew it was going to be a long process. I still think it's going to be a process."

"It doesn't matter what we did last year, that's over and done with. We were happy how we progressed last

year and how we played all the way to the end, but this is a new year."

Like last season, when they struggled trying to integrate Kevin Love into their offence and didn't mesh for months under first-year NBA

coach David Blatt, the Cavs may need some time to jell. James recently received an anti-inflammatory injection in his back — his second in 10 months — and his minutes will be closely monitored all season.

Though he does a better job now of pampering his body, but the odometer is

showing heavy mileage and the Cavs intend to rest him whenever possible. He missed a career-high 13 games last season and averaged 36.1 minutes, his fewest in 12 seasons.

There's a good chance he'll lighten his workload more this season, especially on back-to-back games or when the Cavs are playing three times in four nights.

THE ASSOCIATED PRESS

NBA's growing world of talent

The NBA's 70th season begins with 100 international players from 37 countries and territories.

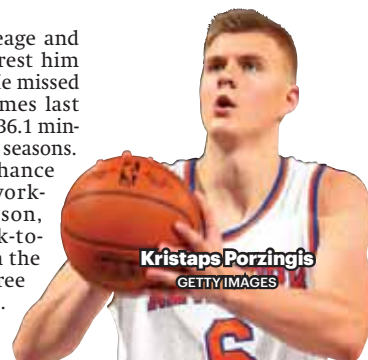
All 30 teams will have at least one international player on the roster for the second consecutive year. Toronto leads the league with seven while Cleveland, Minnesota, San Antonio and Utah have six each. The league says a record 10 African and nine Brazilian players are on rosters.

Canada leads with 12 players, followed by France with 10. There are eight players from Australia.

Croatia and Spain round out the top five with four players each.

Among the prominent international players set to make their NBA debuts this week: Orlando's Mario Hezonja of Croatia, Denver's Emmanuel Mudiay of Congo and the Knicks' Kristaps Porzingis of Latvia.

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Kristaps Porzingis
GETTY IMAGES

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RECIPE Caprese Skillet Chicken



PHOTO: MAYA VINSKEI

Ceri Marsh & Laura Keogh
For Metro Canada

roughly chopped

Directions

1. Preheat the oven to 400 F.
2. Rub the chicken thighs on both sides with olive oil and generously season with salt and pepper.
3. Heat large skillet over medium-high heat. Add the chicken, cover and cook until it browns on one side, about 3 minutes. Turn the chicken; add the potatoes. Allow the chicken to cook another 3 minutes to brown then add the cherry tomatoes; transfer to oven and roast, uncovered, until chicken and potatoes are cooked, about 20 minutes.
4. Remove skillet from pan and toss in cheese and garnish with basil.

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Prep time: 10 minutes

Serves 4

Ingredients

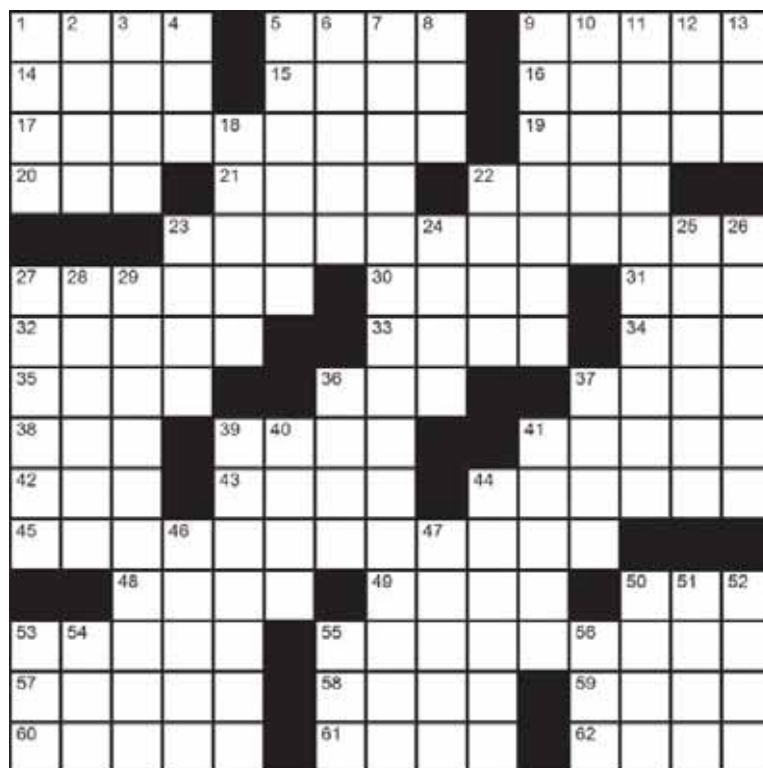
- 6 large boneless, skinless chicken thighs
- Olive oil
- Salt and pepper
- 3/4 pound mini red, white and purple potatoes, halved or quartered if large
- 6-8 cherry tomatoes
- 1/4 cup bocconcini
- 8-10 basil leaves,

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Scoff
5. Damage
9. City in Iraq
14. Take apart
15. Rhyme scheme
16. Savoury gelatin
17. Tlaloc = Aztec
19. Providence, ___ Island
20. Mr. Stallone, to pals
21. Comes with it, for short
22. Long journey
23. Canadian made products by based-in-Prince-Edward-Island company Paderno: 2 wds.
27. A bit like Caesar or Ovid or Nero
30. Botanical leaf-to-stem angle
31. Honor vs Honour ...the difference is that the first spelling has ___ in it
32. Energy company based in Halifax
33. Litter barks
34. What the person at #48-Across did
35. Animal docs
36. MTV hosts
37. Campus mil. program in The States
38. 'Carot' completer
39. Stead
41. Racecar driver Mr. Franchitti
42. ___ de Janeiro
43. Fifty-fifty
44. "Love Me ___" by Elvis Presley
45. Nature lover's



- activity: 2 wds.
48. "The gold goes to ...mel!"; 2 wds.
49. Tribe on the very first "Survivor"
50. Flight watchdog org. in The States
53. Computer's chomps?

55. Count Dracula's fang imprints: 2 wds.
57. English dramatist, George ___ (Contemporary of William Shakespeare)
58. Peaty place
59. Garlands of Hawaii

60. Boat poles
61. Auberges
62. Dispatched

DOWN

1. Water holders
2. Organic compound
3. Country singer

- Mr. Arnold
4. Aussie hopper
5. Canadian cellist Ofra
6. Sternward
7. As per transportation, Justin Bieber's Ontario hometown of Stratford originally served as a

- what?: 2 wds.
8. Guy
9. Casks
10. "Angela's ___" (1999)
11. Creative outlet allowing a poet to perform: 2 wds.
12. Empty
13. First-rate
18. Ms. Reid of "King of Kensington"
22. Stumble
23. "You Might Think" band, with The
24. Allies foe in WWII
25. Natalie's best friend on "The Facts of Life"
26. Calgary-based energy company
27. Rock guitarist's effect
28. 666 sequel, "Damen: ___" (1978)
29. Crater forming masses from outer space
36. Depilatory brand
37. Called
39. Comedian Jerry, and surnamesakes
40. ___ the Terrible
41. Casual material
44. Big cats
46. Brooded
47. "You Can Leave Your ___" by Joe Cocker
50. Costless
51. Similar
52. Helper, for short
53. Music pace in 60 seconds [acronym]
54. Uh-huh, fancy-style
55. Dieter's stat.
56. Mr. Pacino's

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Don't get involved in a quarrel that is none of your business. You cannot resolve it and there is a strong chance the opposing parties will get together and end up taking it out on you.

Taurus April 21 - May 21
Why do you care so much what other people say about you? It's not like you to seek approval but you are craving the support of partners and colleagues at the moment. Just be careful you don't pay too much for it.

Gemini May 22 - June 21
You will have to admit that you have been aiming too high. No matter, it's not the end of the world. Even Geminis get it wrong sometimes.

Cancer June 22 - July 23
Your confidence is high but don't let that lull you into a false sense of security. It would be nice to believe that the world consists only of generous, compassionate people but you know it's not true. Watch your back.

Leo July 24 - Aug. 23
You are finding it hard to hide your anxieties, but why would you want to when there are people you can turn to for advice and support? You don't have to face each and every situation alone.

Virgo Aug. 24 - Sept. 23
Don't be taken in by someone's tale of woe. Deep down you know it is a load of rubbish. Give advice if it is asked for but keep your money.

Libra Sept. 24 - Oct. 23
Your number one aim is to make money. Over the next two or three days you will get the chance to earn some big bucks but you have got to stay focused.

Scorpio Oct. 24 - Nov. 22
You may be right to be angry with someone who has let you down but don't make a big issue of it. Let them know you are not amused, then let it go. Whatever you lost you will soon find something better to replace it.

Sagittarius Nov. 23 - Dec. 21
Your confidence may be low but this is a passing phase, so don't get despondent. If you don't feel like being social, that's OK — find a quiet place you can be alone with your thoughts.

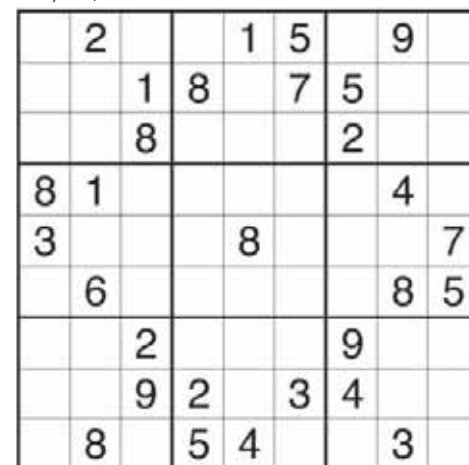
Capricorn Dec. 22 - Jan. 20
You have a mind of your own and if you are smart you will use it today. If you follow the crowd you could end up some place you did not want to go.

Aquarius Jan. 21 - Feb. 19
The Sun in Scorpio at this time of year can either make or break your reputation, depending on how focused and hard-working you choose to be. There will be time for fun and games later — get serious for now.

Pisces Feb. 20 - March 20
Anything that sounds too good to be true is most likely a trick to part you from your hard-earned cash. You are too intelligent to fall for it, but watch out for friends and loved ones too.

CONCEPTIS SUDOKU by Dave Green

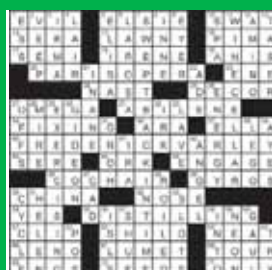
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